



The Sky's the Limit

Spring 2014 | Issue 7

Cornwall Air Ambulance Newsletter

Cornwall Air Ambulance Trust, Trevithick Downs, Newquay, Cornwall TR8 4DY
Tel: 01637 889926 Email: enquiries@cornwallairambulance-trust.org



CORNWALL'S NEW AIR AMBULANCE HELICOPTERS REVEALED

With less than 9 months to go before Cornwall's new air ambulance helicopters take to the skies, we can now reveal a little more about these state-of-the-art MD902 aircraft.

The biggest change is that, from December 2014, Cornwall will have two dedicated air ambulance helicopters for the first time. This will mean when the aircraft goes offline for technical reasons, we can immediately switch to the backup, rather than having to wait for a spare aircraft to arrive.

Every aircraft in the skies must have a unique registration, just like your car. Our current helicopter is G-KRNW but sadly the registration stays with the aircraft so we will lose this at the end of 2014. The new helicopters will continue the Cornish registration theme, though. One will be registered G-CNWL, while the other will be G-CIOS, celebrating the communities we serve in Cornwall and the Isles of Scilly.

Since announcing our change of helicopters the question we've probably been asked the most is: will they still be red?! Well we've kept our core colours the same, making sure the iconic and reassuring sight of "Cornwall's red and yellow lifesaving chopper" remains constant in our skies. The St Piran's flag will feature proudly on the aircraft and we continue to celebrate the incredible support we receive from the Cornish community - in both English and Kernewek.

Cornwall's new air ambulance helicopters will be even better equipped and more capable than our current aircraft. They will have additional weight capacity, meaning they will be able to carry more specialist medical equipment, additional fuel to fly further to specialist treatment centres, or additional medical personnel like volunteer Critical Care Doctors.

The cabin will have improved ergonomics, giving the paramedic aircrew a better working environment in which to provide the best possible care to our patients. The crew have been involved in the internal design since the beginning, ensuring their experience influences the working space.

Enhanced safety features (like a fan replacing the tail rotor and a built in liferaft) and more efficient engines will mean a safe and effective working environment for the crew, whilst ensuring prudent use of charity funds. A creative contract means we're not paying double, but we will still rely on the support of the Cornish community just as we have for the past 27 years. In return we will give the airlifted patients the best service we can.

Keep up to date with the latest news on the new helicopters at our website (www.cornwallairambulance-trust.org) and on our Facebook page (www.facebook.com/cornwallairambulance-trust).

The new helicopters will allow one other highly significant step change in our future service delivery. Find out more on page 3.

24,328 Rescue Missions - Funded By People Like You



Cornwall Air
Ambulance Trust



@Cornwallairamb

www.timesaveslives.com

Registered Charity | 133295

FROM THE CHIEF EXEC...

Things have kicked off with a really busy January and February for the Air Ambulance. There have been many success stories but there have also been tragedies, and we think of those affected in our local communities.

Our lifesaving missions hit your TV screens on BBC Countryside 999. As a baby is airlifted on television, another one is being airlifted in real life. A lot goes into these programmes behind the scenes and we are very grateful to the Ambulance Service, Bond Air Services, and the receiving hospitals, but most of all to the patients and their families for allowing us to bring these stories into your living room.

I write this as our new GroundCrew campaign launches across Cornwall. 25 new volunteers joined the team in the space of a few days; the lifeblood of our shops, events and office. Great people doing great things, making a difference and making friends at the same time. Welcome on board to you all.

Another thousand supporters joined our social media communities and many of you responded to our appeal to tell us about the day that your lives were touched by the Cornwall Air Ambulance. The crew has asked us to thank you for the messages of thanks that come in to them – often from airlifted patients, but sometimes just from members of the public who see the work they do.

The days are counting down as December will witness a change of helicopter and it's time to forge relationships with a new team, sign off the medical interior fit, and the exterior paint job (we hope you like it!). We're all trying not to contemplate the departure of the much loved G-KRNW. Surely she's just a machine? But no. Flying since 2001, to many she is so much more than that. There will be tears. But first there is a job to do, more missions to fly and a summer season to come.

And finally, coming soon is an appeal with a difference. We won't be asking you for money, but instead to help us save lives in a very direct way. Will you be able to help? Watch this space and our website for more information in the summer.

**People like you are the reason we can do what we do.
Thank you for your support in the past, present and future.**



FIRST PARAMEDIC RETIRES

A paramedic who flew on Cornwall Air Ambulance's first ever mission has hung up his flying suit for the final time.

Nigel Harris, who lives in Newquay, flew on the first mission for the then 'First Air Ambulance' back in 1987, alongside fellow crewmen Paul Westaway and Captain Geoff Newman. Since retiring from the aircrew Nigel has continued as a landcrew paramedic with the South Western Ambulance Service NHS Foundation Trust.

Although he's hung up his flying suit for the final time Nigel's not ready to fully retire just yet. He will continue to teach other paramedics, passing on 35 years' worth of knowledge and experience.



AS REAL AS IT GETS

A new training tool available to our paramedic aircrew may be a manikin - but she's certainly no dummy!

The 'RAnne Simulator' breathes, coughs, has a pulse and its eyes can even dilate, meaning our paramedics can train to enhance their skills in a controlled yet highly realistic environment.

The crew can now train on the manikin every week in between missions, as well as a couple of times per month with a Critical Care doctor.

The new manikin has been purchased thanks to the generous donations of several local businesses, councils and charitable trusts. Donations were received from the Pirate FM Trust, Norman Family Charitable Trust, St Austell Bay Parish Council, St Austell Brewery and Nick Kaye Pharmacy.



OUR LIFESAVING STARS

The lifesaving work of the Cornwall Air Ambulance has featured on the BBC 1 programme Countryside 999.

The series, which aired in February and March, raised awareness of Britain's rural emergency services, including the Cornwall Air Ambulance.

BBC crews filmed with Cornwall Air Ambulance for 8 weeks over summer 2013, following our crews on a variety of rescue missions; from accidents on beaches to heart attacks, and road traffic collisions to falls from ladders.

A specially trained cameraman flew on rescue missions and GoPro cameras rigged inside the helicopter captured unique footage of our aircrew in action.

Keep an eye out for repeats - 'Like' us on Facebook for all the latest updates (www.facebook.com/cornwallairambulancetrust)



A LIGHT IN THE DARKNESS

Cornwall Air Ambulance will soon be able to fly in the dark, helping save even more lives in Cornwall and the Isles of Scilly.

Many people assume the Cornwall Air Ambulance already flies at night, but until very recently no UK air ambulance has been allowed to do this. We currently fly around 12 hours a day during the summer but often fewer than 10 hours per day in winter. This has meant, for example, that in the winter we've been unable to provide rescue cover during the evening rush hour.

Thanks to a recent change in aviation law, from early 2015 we will be able to extend our operations to 12 hours a day all year round, meaning we will be available to help save more lives across Cornwall and the Isles of Scilly. We are anticipating that the Air Ambulance will fly 50 extra missions each year between October and March. Some years it may be less, other years more, but for some patients their flight will be the one that mattered.

Both of our new aircraft (see front page) will be equipped for night time flying, including a powerful searchlight (equivalent to 30 million candles!), a specially adapted cockpit, and many additional safety features. Our pilot and paramedics will wear state of the art Night Vision Imaging System (NVIS) goggles which will allow them to see in almost total darkness.

The funds needed to buy the NVIS equipment is being raised in memory of two people who tragically lost their lives in Cornwall last year, and we look forward to being able to give more details on this soon.

Of course the safety of the patients, crew and those on the ground remains our top priority. As such, the crew have already embarked upon a rigorous training programme. At a recent visit by the Group Chief Pilot for the new operator, our aircrew had the chance to try out the NVIS goggles and all were amazed by the clarity of vision. The Chief Pilot commented: "Once you've used NVIS you'll never go back" and our crew certainly agreed.



WHAT WE DID IN 2013



675
MISSIONS
FLOWN



196
CARDIAC
PATIENTS



10%
OF PATIENTS
16 & UNDER



397
MEDICAL
EMERGENCIES



11%
OF MISSIONS
TO RTCs



43
SPORTING
INCIDENTS



22
FARM/WORK
ACCIDENTS



3
MINUTES
TO TAKEOFF



**Saving Time. Saving Lives.
Thanks to people like you.**

TURNING CORNISH BEER INTO LIFESAVING JET FUEL

Sharp's Brewery has raised enough money to fund an entire month's worth of fuel for the Cornwall Air Ambulance.

Sharp's beat their own target by almost £3,000, raising £12,837 to help keep Cornwall Air Ambulance flying and saving lives.

The Cornish brewery donated 5p from the sale of each pint of Sharp's Own, Sharp's Special and Cornish Coaster sold across the county up until the 31st December 2013.

Over the past 18 months the brewery has raised a further £3,587 through other support for Cornwall Air Ambulance, including supporting aircrew paramedic Mark Fuszard on his Arctic ultra marathon and donating beer for the Summer Ball, Family Fun Day and Runway Runaround events. Sharp's have therefore raised over £16,000 in the past 18 months.

Susie Smith, Fundraising Manager at Cornwall Air Ambulance Trust: "We are thrilled with the final result of the Sharp's promotion - a real shining example of a Cornish company giving something back to the local community.

"It's amazing to think that people popping into their local and enjoying a pint has helped fund an entire month of fuel for the Cornwall Air Ambulance!

"At the end of this year we will launch new helicopters that are capable of flying in the dark. While this will allow us to fly a greater number of missions and ultimately save more lives, it will also mean higher costs, so this support from Sharp's could not have come at a better time. We look forward to working with them again in the future."

Emma Bebbington, General Manager at Sharp's Brewery: "We are passionate about engaging with the local charities that really make a difference to our community. Cornwall Air Ambulance provides a vital service to the local region and we were delighted to be able to make such a significant contribution. We would like to thank our customers again for really jumping on board and supporting the initiative."

Cheers Sharp's - and your customers!



BUSINESSES ON BOARD

Hundreds of Cornish companies help Cornwall Air Ambulance stay flying. Is yours one of them? If not, you're missing out!

Whether your company is large or small, helping Cornwall Air Ambulance is a wonderful way to give something back to Cornwall, promote teamwork and boost morale. It's also a great opportunity for some feel-good publicity and we could even get you in to our airbase for a look behind the scenes!

There are so many ways to get involved, from simply having a collection box or swear jar to making us your charity of the year and holding fundraising events like dress down days or sponsored job swaps. Perhaps you would be able to donate goods as a gift in kind, or donate a percentage from product sales? How about auctioning a day of annual leave, or giving your staff a day out of the office to do some volunteering in one of our shops or at an event?

It's a cliché in business, but think outside the box! Look at things you already do as a company and add a fundraising element to it. For example, the Camel Valley Vineyard has raised over £6,600 for Cornwall Air Ambulance since 2010 through offering people an upgraded vineyard tour for a donation to the charity, as well as supporting other fundraising events.

We make it really easy for your workplace to come on board and can offer plenty of support and encouragement as well as plenty of fundraising materials, from posters to balloons.

To discuss ways your workplace could get involved and help keep Cornwall Air Ambulance flying call the fundraising team on 01637 889926 or email enquiries@cornwallairambulancetrust.org



IT'S A CORNISH KNOCKOUT



This summer get together with friends, colleagues or even your neighbours for a day of fun in aid of Cornwall Air Ambulance.

We're looking for teams to battle it out to become our 2014 It's A Knockout champions! Outscore your opponents on various tasks involving water, foam, silly costumes and a giant obstacle course!

Whether it's team building with your colleagues, or an excuse to don your tu-tus or onesies with friends, this promises to be a fantastic day.

The game will be part of our Family Fun Day at the beautiful Pencarrow House near Bodmin on **Sunday 17th August**. There will be lots to do including a craft fair, classic car show, live entertainment and a licensed bar.

Each team requires between eight and ten members (who must be 18 or over and have a good sense of humour!) All contestants will receive a free pint of Sharp's ale afterwards to quench your thirst.

Team entry costs £500 - so with 10 of you that's just £50 each to fundraise (or you could pay it yourself if you're not the collection jar-rattling type!)

For more details - or to enter your team - head to www.cornwallairambulancetrust.org/knockout

“THE BEST GIFT: TIME WITH MY GRANDCHILDREN”

21 years ago Jean was riding with a friend when the horse bolted.

“I was so scared,” recalls Jean. “The horse just took off, galloping downhill with me clinging on for dear life, but suddenly I found myself flying through the air.

“It was January so the ground was frozen. I knew I was hurt, but I just thought I was bruised. My friend knew it was more serious and dialled 999. Within 5 minutes I remember seeing the air ambulance coming up like a bird over the hill. The crew were so kind and professional. I can't praise them enough.”

Jean was rushed to Treliske, where surgeons found she had broken her back. One surgeon described Jean's vertebrae as being like a hollow Easter egg.

“They told me I was half an inch from severing my spinal cord,” says Jean. “One bump and I could have been paralysed. If it hadn't been for the air ambulance getting me to hospital so smoothly I would have been paralysed.

“Little things make me realise how lucky I was. I love taking my grandchildren to the Gannel for a walk. I couldn't do that if I was paralysed. Cornwall Air Ambulance allowed me to still do the things I love with the people I love.”

Jean recently attended an open day at the Air Ambulance base. Even though the helicopter has changed, the memories came flooding back.

“The smell in the helicopter brought it all back. I decided at that moment I wanted to give something back to the charity to which I owe my life.”

Jean and her friend Marilyn now volunteer for the air ambulance, collecting cheques in the local community and helping at events.



CELEBRATE OUR COAST

With the weather over the past few months it's easy to forget the positive impact our stunning coastline has on our lives.

Well now a brand new event for 2014 hopes to change all that! Cornwall Coast 2014 will be a huge celebration of all things marine and maritime.

The event, to be held at the Royal Cornwall Showground on the weekend of **12th/13th April 2014**, has been organised by the Wadebridge Rotary Club. Cornwall Air Ambulance has been named as the main beneficiary of the event, continuing the group's sterling support for this charity.

Whether you love the calm serenity of sailing and fishing, or the adrenaline of water-skiing, diving or even coastering, this event is for you!

Find out more at www.cornwallcoastevent.com



Picture: Cornish Crabbers LLP

FEELING CRAFTY?

We have a few spaces left for craft stalls at our Family Fun Day at Pencarrow House near Bodmin on Sunday 17th August.

We're looking for all nature of craft stalls - from sock puppets to carvings and jewellery to cards!

The event usually attracts thousands of locals and holidaymakers. A 12ft x 12ft pitch costs just £20.

For information or a booking form email becky@cornwallairambulance.org or call the fundraising team on 01637 889926.



SKYBALL: GIVE AND LET FLY

We've got a licence to thrill at our third annual summer ball!

Join us on **Saturday 26th July 2014** at our Newquay airbase for a night of glitz and glamour at our James Bond themed ball.

After a complimentary drink on arrival you'll be escorted into our helicopter hangar for an exquisite three course meal, followed by a raffle and auction with several unique, money-can't-buy Bond-themed prizes. There will be plenty of chance to try your hand at our Casino Royale, along with a selection of unique cocktails created just for the night. Then dance the night away with live entertainment and a disco through until the small hours.

Dress to kill in your finest tux, ball gown, or something more... villainous!

Tickets are £60 - or get together with friends or colleagues and take advantage of our first come, first served 'Early Bird' deal: 10 seats for the price of 9. To book tickets or find out more go to www.cornwallairambulance.org/skyball or call 01637 889926.



**CORNWALL AIR AMBULANCE
SKYBALL**

Thank You

We receive no direct government or National Lottery funding so rely entirely on the thousands of people who donate money or volunteer their time. From our airlifted patients, their families and friends, thank you to all those who help to keep us flying. This is just a very small selection of those who have supported us recently...



The Santander Foundation for their grant of £2,500 received after a nomination from their Helston branch.



St Columb Major Parish Church who raised £1,040 at their Christmas Tree Festival.



Impact Fluid Solutions for a huge donation of £5,250 after their staff chose to support Cornwall Air Ambulance.



The organisers (and dogs!) of the Lizard Whippet Race 2013 for raising £600.



Del Stevens who raised a fantastic £1,000 through the sales of soft toys and cards on sale at the Gallery Coffee Shop, Hayle.



The 6th St Austell Guides who donned their Santa hats and raised a fantastic £659.11 at Sainsburys Truro.



The Devon and Cornwall Concrete Society who donated a fantastic £500 to us as their chosen charity for the year.



Quintrell Downs Gardening Club who raised £50 whilst we were their charity of the year.



Anita Gripe, who raised over £1700 doing a sponsored weight loss to allow her to be able to take part in a wing walk.



Bowood Park Hotel and Golf Club for £3,500 received from their fundraising throughout 2013.



Everyone with one of our Sweet Treat boxes. Your collective sweet teeth have raised over £5,600 since July 2012.



The Penzance Ride 4 Life group who have raised over £300 over the last two years.



250
Volunteers in our shops,
at events and in the office



51,219
Total hours volunteered
in 2013



£300k
Total money volunteers
saved us in 2013

**Be part of
the crew.
Volunteer.**

Groundcrew 
Volunteers at Cornwall Air Ambulance

Here at Cornwall Air Ambulance Trust, we love our volunteers!

In the office, they've affectionately become known as our Groundcrew. Why? Because without the dedication, energy, skills and generosity of our amazing volunteers, our lifesaving helicopter simply would not be able to fly.

Volunteering is a great way of supporting Cornwall Air Ambulance by giving your time, rather than your money.

From helping out with admin work at our airbase HQ to working behind the till or behind the scenes in our 8 charity shops or even helping out at events, there are opportunities for everyone, no matter your skills and interests.

We held our first Volunteer Recruitment Week at the end of February, signing up 25 volunteers in just a few days, but that's just the start! We're looking for 100 new volunteers this year to help keep Cornwall Air Ambulance flying.

Volunteering is a great way to learn new skills, gain experience for your CV, meet new friends and give something back to the Cornish community. You can give as much or as little time as you like, and you can give your time on an ad-hoc basis or regularly.

If you'd like to become part of the Groundcrew call Jackie, volunteer coordinator on 01637 889926 or visit the website: www.cornwallairambulancetrust.org/volunteer

“I'm Learning New Skills and Helping Save Lives in Cornwall”

For Neil, one of the stars of our new Groundcrew campaign, volunteering is helping him gain new skills and meet new people.

Neil had been working at a local furniture factory in St Austell when he was made redundant. Shopping in the St Austell store one day, he overheard one of the volunteers chatting to the manager about furniture. With his experience, Neil thought he could help out in the furniture section.

Neil now volunteers up to 30 hours every week and has enrolled on a special JobCentre course whilst he looks for employment in the retail sector.

Neil had always supported Cornwall Air Ambulance, as one of his friends had been airlifted in the early days, so he says another great motivation is knowing he's part of the massive team that keeps the air ambulance flying.

Neil helps with cleaning, polishing, pricing and displaying the donated furniture - all skills that will be useful when he gets back into employment.

To join our volunteer Groundcrew call Jackie on 01637 889926 or email jackie@cornwallairambulancetrust.org



ONE MAN'S TREASURE - WHAT HAPPENS TO YOUR DONATIONS

8

We have shops in Saltash, Truro, Wadebridge, St Austell, Helston, Camborne, and two in Penzance

228

Number of rescue missions funded by our retail shops every year

15k

Bags of donations received into our Camborne shop alone in 2013



You can donate items at any of our charity shops, our Newquay HQ or at donation points across Cornwall. Alternatively if you have large items like furniture to donate call us on 01209 612404 and we can collect!

Did you know: an average bag of donated goods is worth £30 to us!



Every bag is checked and donations sorted into clothing, bric-a-brac, books and electricals.

Did you know: high value items (e.g. designer clothes) are sold on eBay to get the maximum value possible!



All clothing is steamed. Furniture is checked for fire regs. Electricals are PAT-tested.

Did you know: Our stores in Camborne, St Austell and one Penzance shop are all specialist furniture and electrical stores!



Whatever can't be sold is recycled. In 2013 we recycled over 4,000 tonnes of goods which would otherwise have gone to landfill.

This recycling helps the environment and brings in money for the charity - £67,000 in 2013 alone!



Our staff and volunteers are always there to help; whether it's finding out more about an item or more about the charity.

Did you know: most of the people you see helping in our shops are volunteers, or Groundcrew as we like to call them! See page 7 for more details.



The items are displayed on the shop floor ready for customers to come and browse.

Did you know: most of our shops are open 6 days a week and many have free parking!

IN AT THE DEEP END

New Helston shop manager Mel was in at the deep end when she found several leaks in the storage shed roof during the storms.

"I decided to be cheeky and gave RGB Building Supplies in Porthleven a call," said Mel. "They were happy to donate two rolls of felt to repair the damage."

"They said two of their staff have been helped by the Air Ambulance, one after a jetski accident and another after a circular saw in a previous job."

RGB Manager Lee Atkinson, said: "Cornwall Air Ambulance is a charity that relies on public support. It's nice to help them out, especially as we know just how important they are to the people of Cornwall."



THE LOST PROPERTY BIN

We're appealing to local campsites, hotels and tourist attractions to donate their lost property this summer.

Every year thousands of possessions are left at attractions and accommodation across Cornwall. Some finds its way back to its rightful owners, but most gets thrown away.

This summer we're asking local attractions and accommodation providers to donate any leftover lost property to Cornwall Air Ambulance. From clothing to sunglasses, jewellery and even cameras, anything and everything is a welcome donation.

Head of Retail Julie Burley said: "Many places already donate their lost property - one of our biggest donors is Crealy Adventure Park who donate quite a few bags every summer. We're hoping lots more local businesses will come on board and help - this is a cost free way to keep Cornwall Air Ambulance flying!"



RUN FOR CORNWALL

New Year's Resolutions lying forgotten? Get your motivation back and make Cornwall Air Ambulance your reason to run!

On Sunday 27th April more than 3,000 runners will take to the streets of Plymouth for the City's famous Half Marathon. Whether you're an experienced runner or a novice, we have a team of supporters already registered, so why not join them and run for Cornwall?

You'll get sponsor forms, a t-shirt, and as much help and advice as you need. All we ask is that you raise a minimum of £150 to keep our helicopter flying. So grab your trainers and make Cornwall Air Ambulance your reason to run.

Register at www.cornwallairambulancetrust.org/plymouth2014 or call 01637 889926 for more details.



THE WEIRD AND WONDERFUL

People all over Cornwall are doing their bit to keep us flying! Some of the unusual fundraising events we've heard of include:

- £ Raising £1,200 knitting mini helicopters with Creme Eggs inside
- £ Young Farmers' groups and their famous Dung Runs
- £ One of our Kilimanjaro trekkers did talks to W.I. groups... with her pet owl
- £ One lady got sponsored to get a tattoo of the Cornwall Air Ambulance
- £ A cafe owner lends his metal detector to people who have lost valuables on the beach, asking for a donation to Cornwall Air Ambulance
- £ The Falmouth Golf Club Men's Captain auctioned his prized car park space
- £ England's Ashes loss meant a lost bet for one lady - and a £50 donation
- £ One lady has completed several epic journeys on her 1953 tractor

A penny from the many is better than a pound from the few, so whatever you do - no matter how small - please get involved! For help with your fundraising call us on 01637 889926.



CALLING ALL GARDEN LOVERS

Do you love tending to your window box, creating your own ecological paradise or digging for victory?

Then why not pop along to our annual Plant Sale and Open Day at our airbase, just outside Newquay, on Saturday 10th May from 11am - 4pm.

All plants have kindly been donated by local garden centres and nurseries so 100% of the proceeds from the sale will help to keep your helicopter flying. There will be a garden themed raffle and refreshments will be available, as well as the opportunity to see Cornwall's Air Ambulance helicopter up close!

So spread the word to your green fingered friends and pop along for tea and biscuits and a forage in the foliage!

If you run a local garden centre and would like to donate some plants, we would love to hear from you! It's a great way for your business to help the Cornwall Air Ambulance. Just call the Fundraising Team on 01637 889926 - we can collect the plants from you, and whether it's one pot or a whole tray, it'll all help keep Cornwall Air Ambulance flying!



**FUND A
FLIGHT
WEEK**

**WHAT WILL YOU DO
TO KEEP CORNWALL AIR AMBULANCE FLYING**

MONDAY 22ND - SUNDAY 28TH SEPTEMBER 2014

At home • At work • At school • In the community

To pledge your support and organise a fundraising event call 01637 889926 or find out more at www.cornwallairambulancetrust.org/fundafight



THE PINBOARD

In our crewroom there's a pinboard covered with cards, letters, emails and pictures sent in by airlifted patients and other members of the public. In each edition of The Sky's The Limit we'll print some of the latest correspondence we've received.



Gary Brokenshire

Thank you to today's pilot, taking 2 minutes to talk to my wife and 2 small children at oxford hospital. These small things create big smiles.

Daniel-rhys Vincent

This is our little boy who absolutely love helicopters and he was so pleased when he saw your crew at Treliiske on Wednesday afternoon and got to watch them take off and give them a wave, but what he doesn't know is that around 8 months ago your crew flew him from the green in at columb major whilst he was having fits, and on Wednesday we were at Treliiske getting the diagnosis for him. He would love to come and have a visit at what he calls the copter house if that's possible. We would also like to thank all the crew members and all the behind the scenes staff for their amazing work. — with Emily Vincent.



To whom it may concern

Yesterday, Sunday the 19th December I had cause to attend RCH Treliiske in relation to a critically ill patient who was extracted from a fatal RTC at Rame Cross, Helston. The female in question was in a critical condition and had to be taken to RCH Treliiske to be stabilised as she was so ill. I met the female and your crew of paramedics, Mark Fuzard and Michael McIachlan in resus. The point of this letter is to actually convey the overwhelming feeling I myself got and that of the medical team at resus was that it were not for the paramedics actions, the pilots skill and the timeliness of fight for her life. The whole crew undoubtedly made a huge effort to save her life. It was a pleasure to witness and I want to express my admiration and thanks for everyone's efforts yesterday, that means everyone involved with the Cornwall Air Ambulance a true lifesaving asset.

Proud to work with you.
PC 2374 Andy Mulhem

To Cornwall Air Ambulance Trust.
22 JAN 2014

Please find enclosed a Cheque for £350.00. My husband [redacted] & I celebrated our Golden Wedding on 11th Jan and instead of presents we asked our family & friends to make donations to the Air Ambulance. As a family we have more reasons than most to be very very thankful that its still flying. Four members of the family have been airlifted from the St Brevard area to Treliiske and one to Bannford. Our granddaughter Laura [redacted] was just over 24 hrs old when she was airlifted in 1995, then her Daddy Nicholas fell off a roof and was badly injured, after that my Mum [redacted] and more recently my husbands brother Victor [redacted] was airlifted to Bannford & suffering a heart attack. Thankfully Laura Nicholas & Victor are all fit and well. Sadly my mum passed away in the care of the wonderful staff at Mount Edgecombe after a short stay at Treliiske.

(While writing this letter the Air Ambulance) has just passed over our village on its way to someone else in trouble no doubt. Thankyou for all your wonderful work.

To contact us, write to: Cornwall Air Ambulance, Trevithick Downs, Newquay, Cornwall, TR8 4DY or you can call us on 01637 889926. Email us via our website: www.cornwallairambulancetrust.org or find us on Facebook: www.facebook.com/cornwallairambulancetrust

Help Save Lives In The Future

Your friends and family will always come first when you are making a Will. That's how it should be; we wouldn't want it any other way.

After you've provided for your loved ones, though, please do consider leaving a gift to Cornwall Air Ambulance. One in every three rescue missions we fly is funded by people like you remembering this charity in their Will.

Any size of gift, large or small, will make a difference. It's a wonderful way you can help save lives, irrespective of your income.

Your gift will be the fuel that powers the helicopter on a lifesaving mission, the medical equipment that helps the paramedics deliver the best treatment, the kit that keeps the crew safe.

Your Will is private and personal, and we would never ask you to tell us you're leaving a gift to Cornwall Air Ambulance. However, if you are happy to share this news with us we would love to invite you on a special visit to our airbase, to meet our dedicated aircrew and see the helicopter up close. After all, your gift will be helping to keep them flying long into the future.

Leaving a gift to Cornwall Air Ambulance is a wonderful way to be remembered, a special way to make sure that, after you're gone, we can continue our lifesaving work.

For a confidential discussion about leaving a gift in your Will, please telephone Paula Martin, Chief Executive, on 01637 889926.



“THINGS COULD HAVE BEEN SO DIFFERENT THAT DAY”

Josh was just three days old when he developed pneumonia. Thanks to a lifesaving team, he's now looking forward to a future of football, science and laser tag!

“Things could've been so different that day,” recalls Josh's mum, Michelle. “We came home from hospital and Josh was absolutely perfect. The next day, though, we noticed he was just a bit out of sorts. We thought maybe he just needed some air, so we took him for a walk around Bodmin.”

When Josh didn't improve, Michelle and husband Nick rang the midwife.

“As I put the phone down I noticed Josh had turned purple,” says Michelle. “We called 999 and they dispatched an ambulance straight away. The staff on the phone were amazing, staying with me until the ambulance arrived.”

Josh had stopped breathing. As soon as the paramedics arrived, one gave baby Josh oxygen whilst the other asked to use the family's phone.

“We didn't realise at the time, but they were calling the Air Ambulance. We were whisked up to the helipad at Tulip Foods to meet the helicopter.

“The crew were amazing during the flight. They kept talking to me all the way to Treliske, looking after both of us. There were roadworks on the A30 and as we flew over them I remember thinking: thank goodness I'm up here, not down there. Before I knew it we were at Treliske and being whisked into A&E where what felt like a million people were ready for us. It was only then that it hit me: my baby must be really, really poorly.”

Meanwhile, Josh's dad, Nick, was making his own way to Treliske: “I had to drop Josh's big sister, Isabel, off to her Gran's,” he remembers. “She slept through the whole thing, thankfully. I didn't know what I'd find when I got to hospital, but Josh was already being given the care he urgently needed.”

Josh had pneumonia. He was rushed to the Neo-Natal Unit and was in an incubator on 100% oxygen for four days. He was in hospital for a fortnight.

“We were so lucky that day,” says Michelle. “If it hadn't been for the whole team - from the person on the phone and the ambulance paramedics to the crew of the Air Ambulance and the staff at Treliske - things could have been so different. They saved Josh's life. If it wasn't for them we might not have the wonderfully happy family we have today.”

Of course Josh doesn't remember that day. He's now 7 years old, plays football for Bodmin Youth Football Club and is looking forward to a game of Laser Tag on his birthday. And beyond that? “I want to be a scientist,” he says. “One that makes potions and things. Maybe one day I can make potions to help people who are ill.”



I would like to make a donation and help to save lives in Cornwall and the Isles of Scilly

I would like to make a single donation

I enclose a cheque payable to "Cornwall Air Ambulance Trust" for

£5 £30 £100 other £

Gift Aid: I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 28p of tax on every £1 that I gave up to April 2008 and will reclaim 25p of tax on every £1 that I give on or after 6 April 2008.

Please treat as Gift Aid donations all qualifying gifts of money made:

Today In the past 4 years In the future

Please tick all boxes you wish to apply.

Name and full home address:

Signature:

Date:

Please notify us if you wish to cancel this declaration, change your details or no longer pay sufficient tax.

I would like to make a regular donation

To: The Manager, Bank or Building Society

Address:

Postcode:

Name/s of Account Holder/s:

Bank/Building Society Account Number / Sort Code

ref:

Amount to be debited £ (in words)

Monthly Quarterly Annually Date of first payment / /

Until further notice / Date: / / (delete as appropriate)

Signature:

Date:

For Charity Use Only:

Please donate to Beneficiary Cornwall Air Ambulance Trust, Registered Charity 1133295. Bank name and address: HSBC, 3 Fore Street, Bodmin, Cornwall PL31 2HU

Account Number Sort Code

Please return to us at:

Cornwall Air Ambulance Trust, Trevithick Downs, Newquay TR8 4DY



Cornwall Air Care Money Maker supporting...



Prizes on offer!

- Maxi - £1000 cash**
- £150 Shopper - Vouchers**
- Scale Model Air Ambulance**
- Daily Silver**
(25 x £25 cash)
- High Street Vouchers**
(10 X £20 vouchers redeemable at top high street stores)
- Lotto Lucky Dips**
(Players will receive 5 random lines in the following Saturdays main Lotto draw)
- Your weekly draw for your Air Ambulance**

PLEASE JOIN US!!!

Your Air Care Lottery provides significant funds in helping to keep the Air Ambulance operational in Cornwall but we are always looking for more Lottery Players to join us. We have Canvass teams out and about in Cornwall signing on more people like you, but if you have not been lucky enough to bump into them then please contact us to join. Not only do we have great prizes but you will also have the knowledge that you are doing your bit to help this life saving service stay operational. All this for just £1 weekly!

Call the number below to get your joining pack for more information. You can pay easily by Standing Order (£4.34 monthly or £13.00 quarterly) or by sending payments in advance. Alternatively you can go to our website www.cornwallaircare.co.uk where you can find more information and download a Standing Order form, fill in your details and away you go!

We greatly appreciate all your support.

 **01752 840777** 
cornwallaircare.co.uk

**If you're not in it...
You can't win it!!!!**

LOTTERY GIFTCARDS

Not just for Christmas & birthdays! Lottery giftcards suit any occasion for your friends and family and can be personalised to say what you want on the front with your names inside. Gifting from a minimum of ten weeks in the draw, not only are you doing your bit to help the cause but also you could be making your friends a bit richer too. With our exciting new prize structure & Lotto lucky dips there is even more reason to be part of it!



RESULTS SERVICE

Local newspapers are very kindly supporting your Lottery and your Air Ambulance. Each week you can find the latest Air Care Lottery results published in the newspapers listed below, along with being broadcast on BBC Radio Cornwall and on the Air Care website www.cornwallaircare.co.uk. Cornwall Air Care would like to extend a huge thank you to

- THE CORNISH TIMES**
- The Cornish & Devon Post**
- Cornish Guardian**
- West Briton**
- The Cornishman**

Results broadcast daily on



GET IN TOUCH

Lottery HQ : 01752 840777
Saltash Warehouse : 01752 848120
Raffle office : 01752 842266
E-mail : contact@cornwallaircare.co.uk
Web : cornwallaircare.co.uk
Facebook : cornwallaircaremoneymakerlottery

Finished reading your copy of The Sky's The Limit?
Please pass it on to someone else to read, or recycle it!

**FSC INFO
HERE PLEASE**

Get in touch

Please send me more information about (please tick all that apply):

- | | |
|---|---|
| <input type="checkbox"/> Fundraising | <input type="checkbox"/> Booking a speaker/presenting a cheque |
| <input type="checkbox"/> Regular giving | <input type="checkbox"/> Leaving a gift in your Will |
| <input type="checkbox"/> Corporate support | <input type="checkbox"/> Donating items to the charity shops |
| <input type="checkbox"/> Volunteering opportunities | <input type="checkbox"/> Receive this quarterly newsletter and information about forthcoming events |

Title: First name(s):

Surname:

Address:

Postcode:

Email: Tel:

Cornwall Air Ambulance Trust will not pass your details to any other organisation. If you already receive information from Cornwall Air Ambulance Trust we will continue to send it unless you tell us otherwise by writing to Cornwall Air Ambulance Trust, Trevithick Downs, Newquay, Cornwall TR8 4DY.

Cornwall Air Ambulance Trust
Trevithick Downs
Newquay
Cornwall
TR8 4DY